

L P JACKSON MIDDLE SCHOOL **MARCH 2023**



S			MARCH 2023			Į.
20 8	Monday	Tuesday	Wednesday	Thursday	Friday	S a t.
			Spaghesti w/2oz Texas Toest OR Chicken Tender w/2oz Roll Chef Saled w/Crackers May take 2; Green Beass or Mashed Potatoes May take 1; Fresh Fruit or Peaches	Rib B Q w/ 2oz Roll OR Hotdog w/ 2oz Roll Chef Salad w/Crackers May Take 2; Potato Rounds or Baked Beans May take 1; Fresh Fruit or Pears	3 Pizza OR Chicken Nuggets w/2oz Roll Chef Salad w/Crackers May take 2: Carrots or Corn May take 1: Fresh Fruit or Pears	4
17.00			Milk	Milk	Milk	
5	6 Chicken Patty w/Zoz Roll OR Pork Chop Fritter w/Zoz Roll Chef Salad w/ Crackers May take 2: Baked Beans or Potato Rounds May take 1: Fresh Fruit or Mixed Fruit	Fish Patty w/Zoz Roll OR Grilled Cheese Chef Salad w/Crackers May take 2; Potato Rounds or Carrots May take 1; Fresh Fruit or Mixed Fruit	Chicken w/ 2oz Rolls Chef Salad w/Crackers May take 2: Green Beans or Mashed Polatoes May take 1: Fresh Fruit or Applesauce	SCHOOL CLOSED	Pizza OR Pizza OR Chicken Nuggets w/2oz Roll Chef Salad w/Crackers May take 2: Carrots or Com May take 1: Fresh Fruit or Pears	1
	Milk	Milk	Milk			
1 2	13 Cheeseburger w/2oz Roll OR Dill Chicken Patty w/2oz Roll Chef Salad w/ Crackers May take 2: Baked Beans or Potato Rounds May take 1: Fresh Fruit of Mixed Fruit Milk	14 Corndogs OR Hoagle Sandwich Chef Salad w/Crackers May take 2: Baked Beans or Broccoli May take 1: Fresh Fruit or Applesance Milk	Spaghetti w/2oz Texas Toast OR Chicken Tender w/2oz Roll Chef Salad w/Crackers May take 2: Green Beans or Mashed Potatoas May take 1: Fresh Fruit or Pincapples Milk	16 BBQ w/2oz Roll OR Comdog Nuggets Chef Saind w/Crackers May take 2: Peas or Spinach May take 1: Fresh Fruit or Pears	Milk 17 Pizza OR Chicken Nuggets w/2oz Roll Chef Salad w/Crackers May take 2; Carrots or Com May take 1; Fresh Fruit or Pears	1 8
		HADA	MILK	Milk	Milk	100
9	20 Steak & Cheese Sub w/Hoagie Rott OR Burrito Chef Salad w/ Crackers May fake 2; Baked Beans or Potato Rounds May take 1; Fresh Fruit or Mixed Fruit	Beef Soft Taco w/ Wrap OR Chicken Fajita w/Wrap Chef Salad w/Crackers May take 2; Collard Greens or Green Peas May take 1; Fresh Fruit or Mixed Fruit	Salisbury Steak w/2oz Roll OR Chicken Tender w/2oz Roll Chef Salad w/Crackers May take 2; Green Beans or Mashed Potatoes May take 1; Fresh Fruit or Pineapples	23 Rib B Q w/ 2oz Roll OR Hotdog w/ 2oz Roll Chef Salad w/Crackers May Take 2; Potato Rounds or Baked Beans May take 1; Fresh Fruit or Pears	Pizza OR Chicken Nuggets w/Zoz Roll Chef Salad w/Crackers May take 2; Carrots or Corn May take 1; Fresh Fruit or Pears	5
	Milk	Milk	Milk	Milk	Milk	
2 6	Chicken Patty w/Zoz Roll OR Pork Chop Fritter w/Zoz Roll Chef Salad w/ Crackers May take 2: Baked Beans or Potato Rounds May take 1: Fresh Fruit or Mixed Fruit	Fish Patty w/2oz Roll OR Grilled Cheese Chef Salad w/Crackers May take 2: Potato Rounds or Carrots May take 1; Fresh Fruit or Mixed Fruit	Chicken w/ 2oz Rolls Chef Salad w/Crackers May take 2: Green Beans or Mashed Potatoes May take 1: Fresh Fruit or Applesauce	30 Popcorn Chicken w/2oz Roll OR Pizza Balls Chef Salad w/Crackers May take 2: Peas or Spinsch May take 1: Fresh Fruit or Pears	31 Pizza OR Chicken Nuggets w/Zoz Roll Chef Salad w/Crackers May take 2: Carrots or Corn May (ake 1: Fresh Fruit or Pears	
	Milk	Milk	Milk	Milk	Milk	
					471495	

Milk Choices: 1% White Fat Free, Fat Free Chocolate, Fat Free Strawberry

*Fresh Fruits & Vegetables will be offered daily — MUST TAKE A FRUIT OR VEGETABLE *

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